

Created by: Judge Lori Bustamante, Judge Pam Dunne, Judge Amanda Parker, Gabriel Goltz, & Sarah Baker

Presented by: Judge Lori Bustamante & Judge Pamela Gates

### **AGENDA**

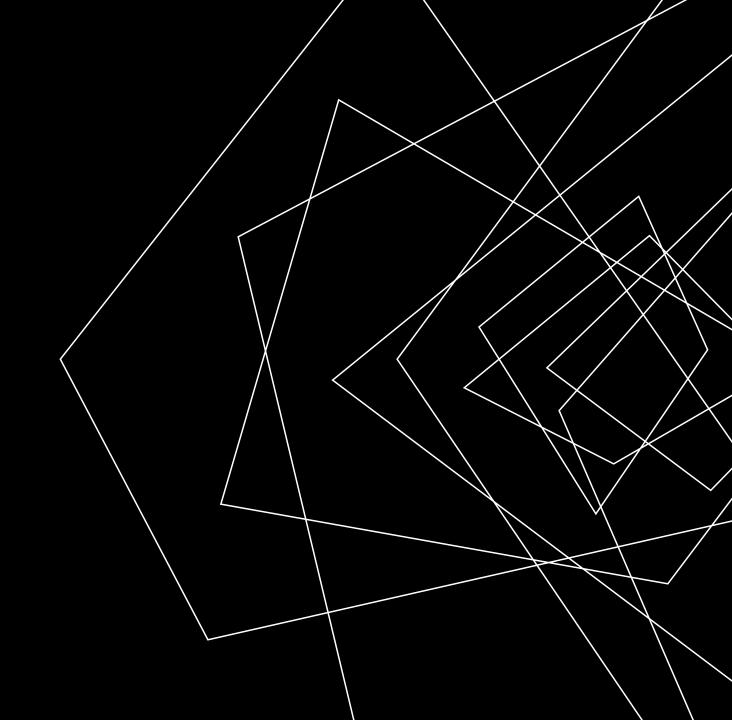
Introduction

Goals of the Simulation

Rules of the Simulation

The Simulation

Discussion & Thoughts



#### INTRODUCTION

There are multiple kids that are involved in two court cases within our juvenile court system:

- (1)Dependency Case
- (2) Delinquency Case

These kids are often referred to as Crossover Youth or Dually Involved Youth

## CROSS OVER YOUTH RISK FACTORS

- Length of time in child welfare
- Placement in congregate care
- Frequent placement changes
- Commercial sexual exploitation
- Homelessness
- Exclusionary school discipline
  - Center for Juvenile Justice Reform

## CROSS OVER YOUTH DEMOGRAPHICS

#### Youth of Color

• Already overrepresented in child welfare cases but rates are double in crossover population

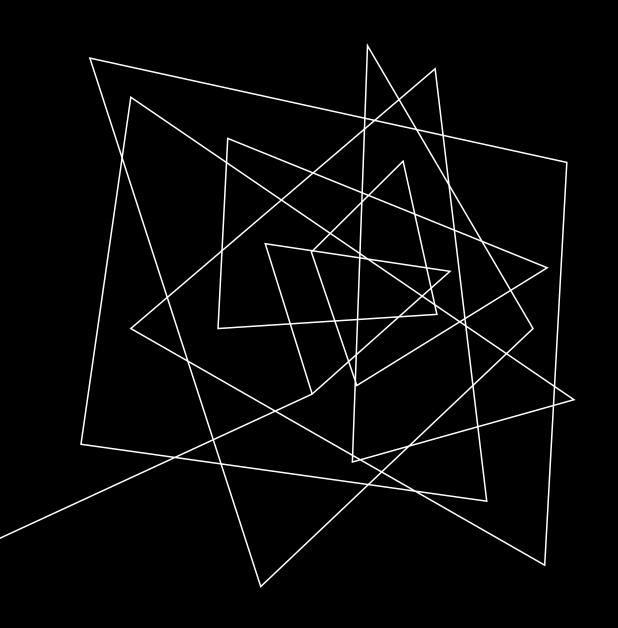
#### Female

• Less than 30% of delinquency cases but 30 to 50% of crossover cases

#### LGBTQ

• 20% of crossover

Herz, D. & Dierkhising, C. (2018). OJJDP Dual-System Youth Design Study. Summary of Findings and Recommendations for Pursuing a National Estimate of Dual System Youth.



# GOALS OF THE SIMULATION

Put us in the shoes of one of these kids

Generate awareness and educate ourselves about the child's perspective

Create empathy so we can better serve this population of children

#### **RULES OF THE SIMULATION**

DON'T THINK LIKE A JUDGE, AN ATTORNEY, AN ADULT OR A PARENT

YOU MUST THINK LIKE A TEENAGER

DON'T MAKE COMMENTS, CONFER OR TALK DURING THE SIMULATION

DON'T OVERTHINK IT

IT'S OKAY IF YOU NEED TO TAP OUT OR TAKE A BREAK

# THE CHELSEA SIMULATION

#### You are Chelsea

- You are 16.
- You live with your mother, Brenda, and mother's boyfriend, Chad.
- Your Father, Frank, got out of prison a few years ago and you have no idea where he is. Frank has not had any contact with you for several years.

## PART I

## There are four places in Part I:

- (1) Mom's House
- (2) Group Home
- (3) The Blade
- (4) Homeless

We have four stations to represent each place.

#### WE ARE STARTING AT MOM'S HOUSE

## EVERYONE GO TO "MOM'S HOUSE"

As you walk to Mom's House get into character and get in the mind set of thinking like Chelsea will think and feeling like Chelsea will feel.

Mom's boyfriend has been sexually abusing you for the past year.

You have tried to tell your mom about the sexual abuse but she does not believe you.

You and your mom fight a lot especially when your mom has been drinking.

You are very angry and you feel powerless.

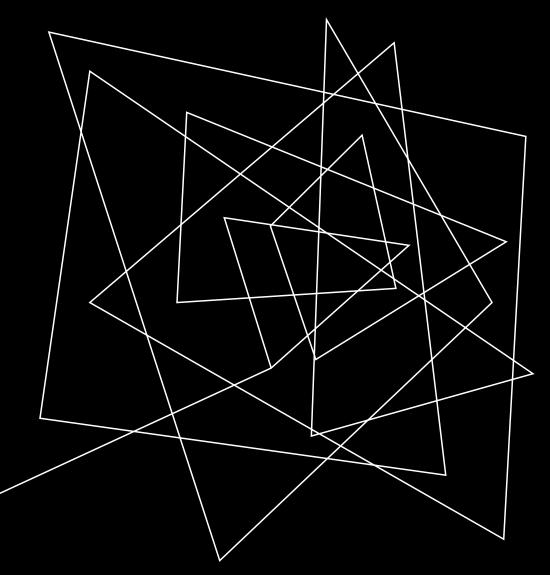
### Mom's House

You start getting into your mom's alcohol because you feel it helps you escape, and you start vaping marijuana because one of your friends told you it would help with your anxiety.

You start acting out with violent outbursts and you begin struggling in school.

You start cutting on occasion because you feel like it helps you deal with the daily emotional pain.

## Mom's House



One day you can't take Chad's sexual abuse any longer and you tell your school counselor.

They report it to DCS.

A dependency petition is filed. The allegations as to mother are that she is unable or unwilling to provide you with effective parental care and control due to substance abuse and failure to protect you from sexual abuse. The allegation as to Father is abandonment.

DCS comes to your house and removes you from mom's home.
You are taken to a group home.

Everyone Go To GROUP HOME

You have court a week later. Someone calls you at the group home the day before court and says they are going to be your attorney. They tell you about what to expect at court.

You ask about when you can go back to mom's house, but your attorney tells you it probably will not be anytime soon.

A lot of confusing things happen at court but as you understand it, you will be staying at the group home.

## Group Home

You hate the group home. You have a bed to sleep in and you have decent meals, but you argue with the other girls in the home, and you get bullied by them.

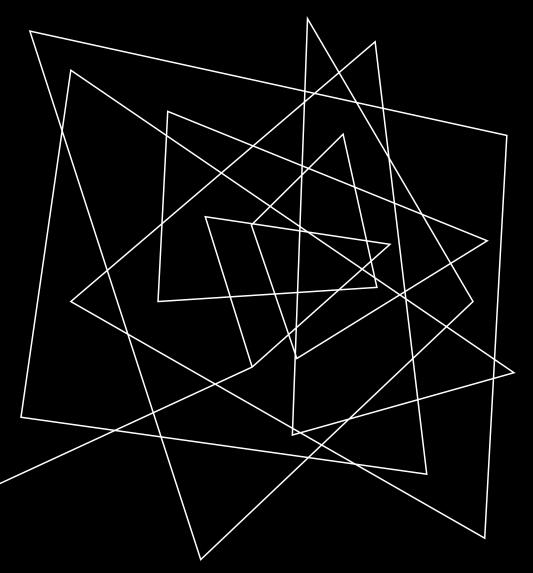
They tease you relentlessly and no one there seems to care about you.

No one encourages you, no one hugs you, and no one really talks to you.

You cut a lot but no one notices.

You feel lost and lonely.

## Group Home



THE GROUP HOME IS CLOSE TO THE BLADE.

ONE OF THE OTHER GIRLS, SADIE, IN THE GROUP HOME ENCOURAGES YOU TO GO AWOL ONE NIGHT.

YOU HEAD TO THE BLADE WITH SADIE.

Everyone Go To THE BLADE

While you are in the Blade, someone approaches you to have sex with them in exchange for alcohol, marijuana, and a place to stay for a couple of days.

You have been craving a fix to dull the pain, so it sounds like a good idea and at that point, you are willing to do anything to get away from the group home and have a place to stay.

You feel you are having sex that is forced upon you due to the circumstances you are in, but it is familiar to you based on what Chad did to you for so long.

## The Blade

Within a few days in the Blade, a trafficker everyone calls Tank approaches you and takes you in.

Tank is charming. He offers you a place to stay, food, trendy clothes, and what you perceive is safety.

Tank tells you he is your boyfriend and that he is the only one who cares about you.

You and Tank have sex, party together, and he gives you whatever you ask for.

#### The Blade

Tank encourages you to not trust the police and if they approach you, you must lie to them about your age and what you are doing. Tank informs you that if you tell the police what is going on they will arrest you and they will take you away from him.

Tank informs you that you must work on the streets to earn your keep there.

Tank tells you if you love him, you will do it for him.

### The Blade

You feel like Tank loves you and you really like being with him, but you are not comfortable having sex with strangers.

#### What do you do?

- 1) Do you stay in the <u>BLADE</u> because you feel Tank is your boyfriend, you have a place to stay, you get to party, and Tank is taking care of you?
- 2) Do you return to the <u>GROUP HOME</u> that you hate?
- 3) Do you call your MOM to come get you knowing she won't tell DCS she has you, even though you know Chad is still there?
- 3) Do you decide to be <u>HOMELESS</u> and leave the area in search of shelter and food?

## You Decide:

- The Blade
- Group Home Mom's House
- Homeless

Make your Decision to Stay or Go Now

For those who chose to stay in the Blade with your trafficker, he is making you have more and more "dates". Tank supplies you with alcohol, marijuana, and pills to help you stay awake and work all night. The alcohol and drugs help dull what you are really feeling.

Some of the men are very rough with you. You complain one day to Tank. Tank gets angry and tells you that you just need to behave and do whatever the men want to do since they are paying a premium price to be with you.

The BLADE

Tank reminds you he is the only one who loves you, you need him to take care of you and you need to do whatever he says if you want to be with him and have him continue to take care of you.

You feel hopeless but Tank tells you things will be better once you make more money for the two of you.

He buys you clothes, has paid for you to get fake eyelashes that you love having, and he paid for you to get a tattoo that you really wanted.

The BLADE

You want to stay with Tank because you love him, he gives you affection, he gives you a place to live, you are never hungry, he buys you nice things, and he makes you feel special, but you don't like having sex with strangers.

#### What do you do?

- 1) Do you stay in the <u>BLADE</u> because Tank is your boyfriend, you have a place to stay, and Tank is taking care of you?
- 2) Do you return to the <u>GROUP HOME</u> that you hate?
- 3) Do you call your MOM to come get you knowing she won't tell DCS she has you, even though you know Chad is still there?
- 4) Do you decide to be <u>HOMELESS</u> and leave the area in search of shelter and food?

You will stay where you are for now. Think about what you want to do while we talk about what happened to those who decided to go back to the group home.

For those of you who went back to the group home, you hate the group home even more than when you left. DCS wants you to go to therapy and you refuse because you do not want to talk about what happened to you.

They enroll you in an online school because you got behind in credits during your absence from the group home and you can't stand doing school online.

You fight with the other girls in the home, they keep bullying you, and you feel like you have no freedom to do anything fun.

**GROUP HOME** 

Someone stole some of your clothes and you don't even know how to replace them.

You start cutting again but no one at the group home notices.

You really miss your mom.

You have been having visits with her a couple hours a week but that's not enough. During your visits, Mom tells you things will be better and hopes you are able to come back home soon but she still does not believe you about being sexually abused by Chad.

**GROUP HOME** 

You really miss Tank too.

After a fight with one of the girls in the group home you get permission to take a walk to cool down. Tank sees you and approaches you. You hug each other and he tells you he is there to rescue you.

Tank promises to get you whatever you want including new clothes and tells you he loves you and he needs you.

He notices your cuts and says he's so sorry you are feeling like you need to cut and told you that you must have been better off with him because you didn't cut during the time you were with him.

**GROUP HOME** 

Tank pressures you to AWOLagain. You have a place to live at the group home but you hate it there.

What do you do?

- 1) Do you run and return to the <u>BLADE</u> with Tank where you know you will feel loved and needed but will probably have to turn tricks?
- Do you stay at the <u>GROUP HOME</u> knowing that you will continue to cut, you will continue to be forced to go to therapy you hate, attend an online school you hate, and live with girls you fight with?
- 3) Do you call your MOM to come get you knowing she won't tell DCS she has you, even though you know Chad is still there?
- 4) Do you decide to be <u>HOMELESS</u> and leave the area in search of shelter and food?

You will stay where you are for now. Think about what you want to do while we talk about what happened to those who decided to go to Mom's House.

For those of you who went home to mom, mom doesn't call DCS to let them know where you are since she doesn't want them to take you from her again.

Her boyfriend, Chad, starts sexually abusing you again.

You complain to mom, but she doesn't believe you.

Mom was nice in the beginning but once you complained to mom about Chad, you start to fight again.

Mom is drinking heavily one night and calls you a whore. She calls you a slut because of the way you are dressing, because you have fake eyelashes, and because you have a tattoo.

The more you sob the more mom berates you.

She threatens to call DCS and send you back to the group home if you don't stop lying about Chad.

#### MOM'S HOUSE

You love your mom and like being home but don't know if you can deal with Chad and Mom anymore.

#### What do you do?

- Do you run and return to the <u>BLADE</u> to find Tank, the only person who makes you feel loved even though you will have to turn tricks?
- 2) Do you call your case manager to go back to the <u>GROUP HOME</u> where you have triggers to cut such as therapy, online school, and mean girls?
- Do you stay with MOM where you will continue to be sexually abused by Chad and berated by Mom and where you will have to stay quiet so Mom doesn't call DCS to come get you?
- 4) Do you decide to be <u>HOMELESS</u> and leave the area in search of shelter and food?

You will stay where you are for now. Think about what you want to do while we talk about what happened to those who decided to go be homeless.

For those of you that decided to be homeless, you have not showered in days, you have had to get food from trash dumpsters behind restaurants after they close, and you have to hide behind buildings to go to the bathroom because there are no restrooms you can get into.

You haven't been able to sleep more than a couple of hours at a time. You try to find a place to sleep during the day because you are scared about what may happen to you in the middle of the night if you fall asleep.

**HOMELESS** 

One night a group of people approach you and ask if you want to go to an abandoned house to party with them.

You agree because you need to numb your pain and you will have shelter for the night.

You drink so much alcohol that you pass out and wake up not knowing what happened through the night. Everyone around you is also passed out.

You feel really sick and run outside to vomit.

#### **HOMELESS**

They had told you while you were all partying the night before that you could be part of their posse.

They are also homeless, but they find ways to trade or steal for drugs and alcohol and have a few places they go to find shelter at night.

They make you feel like you are part of something, and you had fun last night partying and hanging out with them.

You appear to have found some friends but, you feel sick, hungry, dirty, and scared. You cut when you're at the Group Home but at least you have a bed, shower and food. You miss your mom and love her even though you're upset at her for not believing you. You also miss Tank and love him even though he makes you have sex with strangers.

#### What do you do?

- 1) Do you run and return to the <u>BLADE</u> to find Tank, the only person who makes you feel loved even though you will have to turn tricks?
- 2) Do you call your case manager to go back to the <u>GROUP HOME</u> where you have cutting triggers such as therapy, online school and mean girls?
- 3) Do you call MOM to pick you up and go to MOM's HOUSE where you will be sexually abused by Chad and berated by Mom?
- 4) Do you decide to continue to be <u>HOMELESS</u> knowing you will continue to feel sick and scared and struggle to find shelter and food?

You will now decide whether you stay where you are or go somewhere else.

## You Decide:

Stay or Go To:

- The Blade
- Group Home Mom's House Homeless

Stay or Go Now

## THE BLADE

For those of you who stay or go back to your trafficker, you are introduced to Fentanyl. After a long night of "dates" one of the men rapes you and won't pay you. You know Tank will be upset if you don't come home with the money you should have been paid. Before you go home to let Tank know you don't have the cash, you take Fentanyl. You overdose. The EMTs come and revive you with Narcan. The police come and search you. You have more pills in your pocket, so they arrest you for possession.

### **GROUP HOME**

For those of you who stay or go back to the group home, online school is miserable, you feel like you have no friends and no freedom to do anything. You are cutting a lot. You are depressed and suicidal. You fight with the other girls in the home. They continue to bully you and one of them gets in your face and calls you a whore. You can't take it anymore so you grab the closest thing you can find and hit her over the head with a heavy glass bowl. The blow to the head causes the girl to hit the floor and she is unconscious. The bowl cracked and created numerous cuts on her head and face. The police are called to the group home, and they arrest you for aggravated assault.

#### **MOM'S HOUSE**

For those of you who stayed with Mom or went back to mom, the sexual abuse continues and your relationship with mom continues to deteriorate. During one of your big fights with mom, you grab mom's car keys and drive off in mom's car. You don't have a driver's license and do not know how to drive. You are going as fast as you can and hit a car on the side of the street a mile away from mom's house. The police arrive and you are arrested for stealing mom's car and driving without a license.

#### **HOMELESS**

For those of you who decide to remain homeless or become homeless, you become part of the posse and your posse gets more and more brazen about stealing so you all can continue to supply your drug and alcohol addictions. You all go into a home to steal something of value but unbeknownst to you and your posse, the homeowner is home upstairs and calls the police. The police arrive within minutes, and you are arrested for burglary.

# PART II

There are six places in Part II:

- (1) Detention
- (2) Mom's House
- (3) Group Home
- (4) Court
- (5) Treatment/Therapy/Testing
- (6) School

We will not be moving to different stations in this Part so visualize being in the various places as we continue Chelsea's journey.





You are really scared.

You have court soon and do not know what to expect.

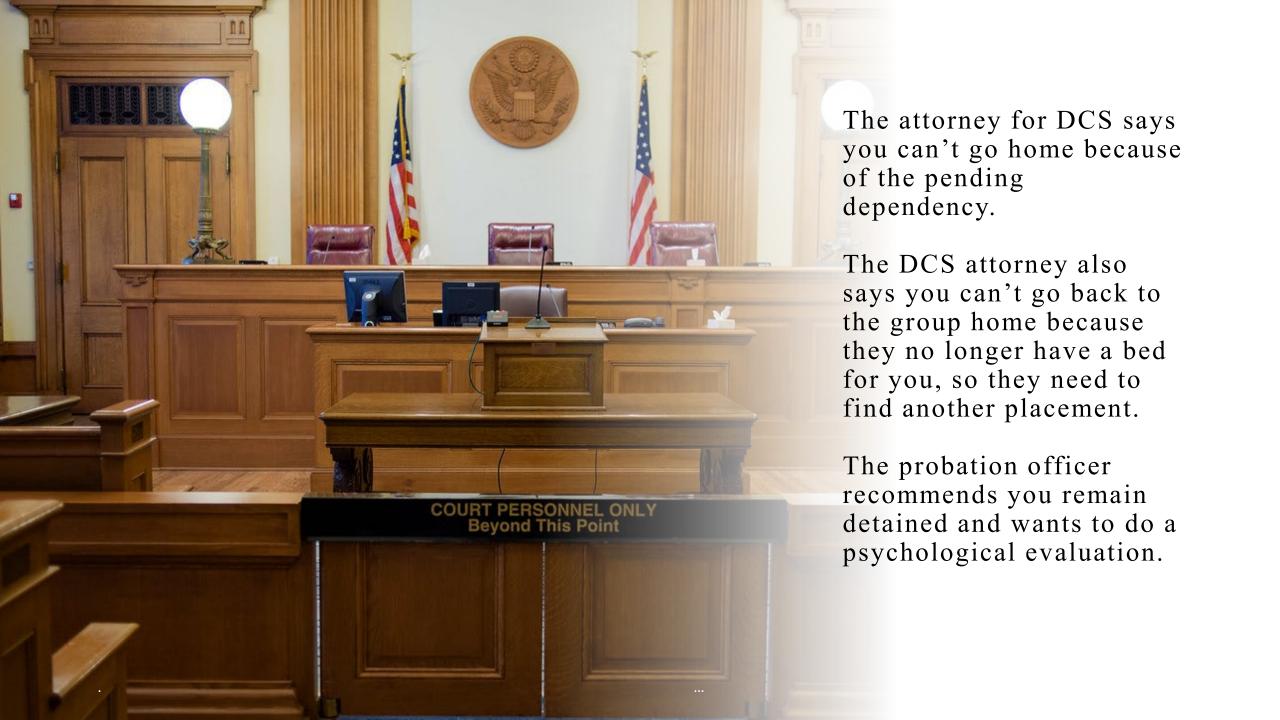
An attorney comes to talk to you and you kind of understand what is happening, but it is really hard to focus.

A detention officer comes to get you to take you to court.















You "celebrate" your 17<sup>th</sup> Birthday in detention which really causes you to spiral. You want to cut but you can't find anything to cut yourself.

You have some time to think.

You miss Tank and you do not want to be away from him. You feel that Tank is the only one who loves you. You think maybe things will be different if you go back to him.

You miss your mom. You know she loves you, but you can't understand why she doesn't believe that Chad is sexually abusing you.



You have the psychological evaluation.

You cry a lot and talk about how hopeless you feel.

You just want to be a normal teenager and don't want to feel like cutting yourself, but you can't help it and you like how it gives you a release.

You also express how you like the way drugs and alcohol help you escape from reality.



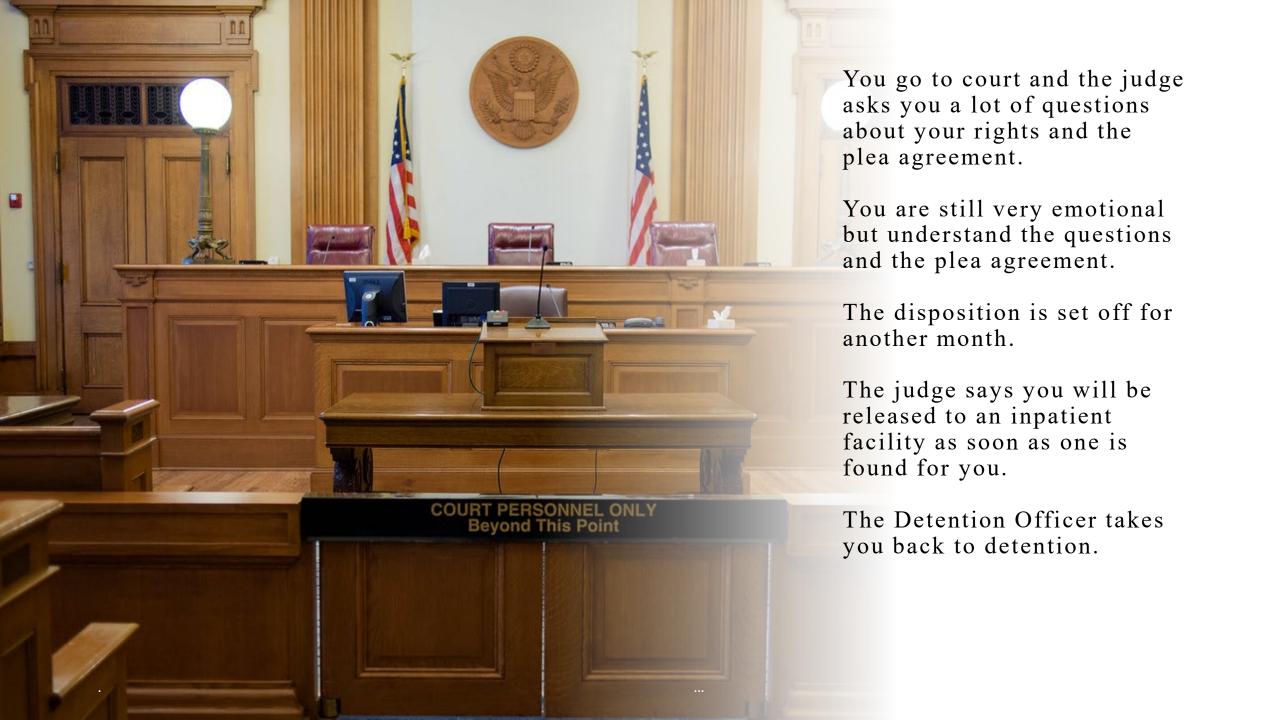
Your attorney comes to see you and goes over the psychological evaluation and the plea agreement being offered to you.

The psychologist recommends a Behavioral Health Inpatient Facility.

You decide to sign the plea agreement.

You have court tomorrow.









You cry when you get back to detention and you can't believe you are here.

You really need to find something so you can cut but you still haven't found anything to use.

Several days later, a Behavioral Health Inpatient Facility is found for you, so you are getting out of detention.

You really don't want to go to an inpatient facility, but you know you don't have a choice.





You don't really know what to expect at the treatment facility.

You are worried about having to share experiences that you do not want to talk about and worried about what others will think about you and what you have done.



Being there is better than you thought it would be.

They are helping you talk through choices, addressing with you why you may be cutting and using drugs, how to have self-control, how to work through your feelings, and how to better respond to triggers.

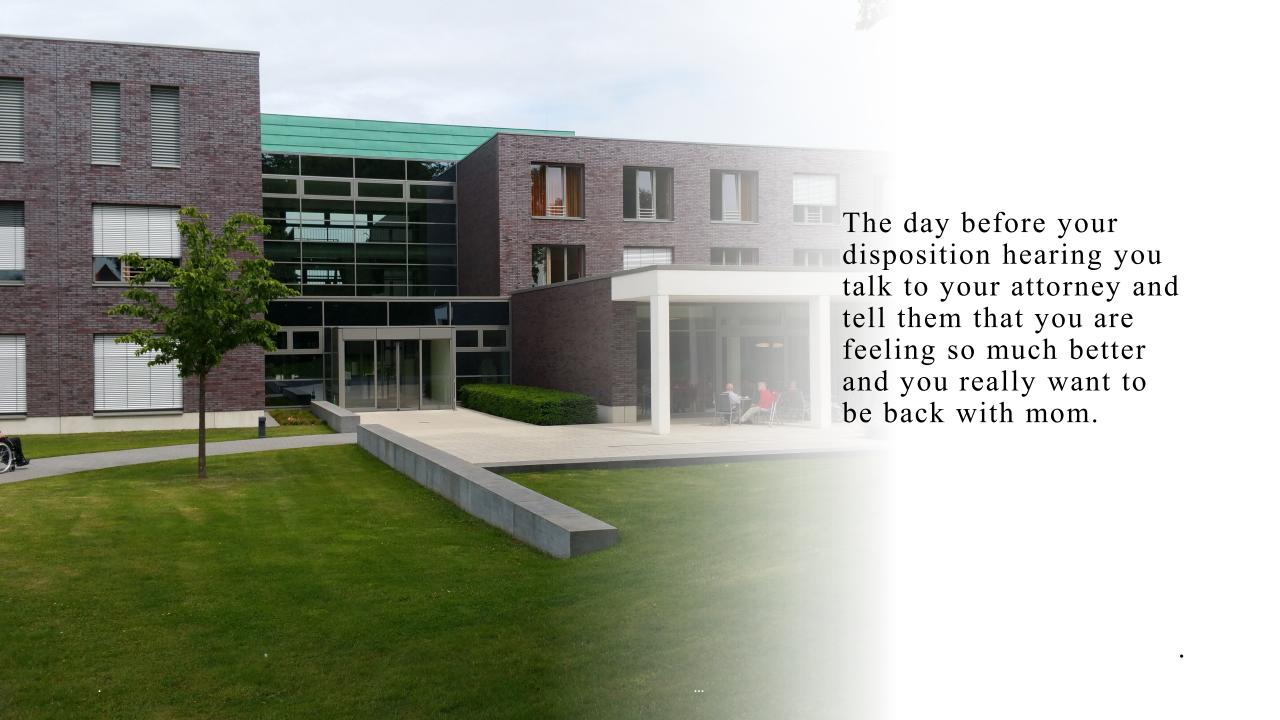
Your mom even participates in some family therapy sessions with you.



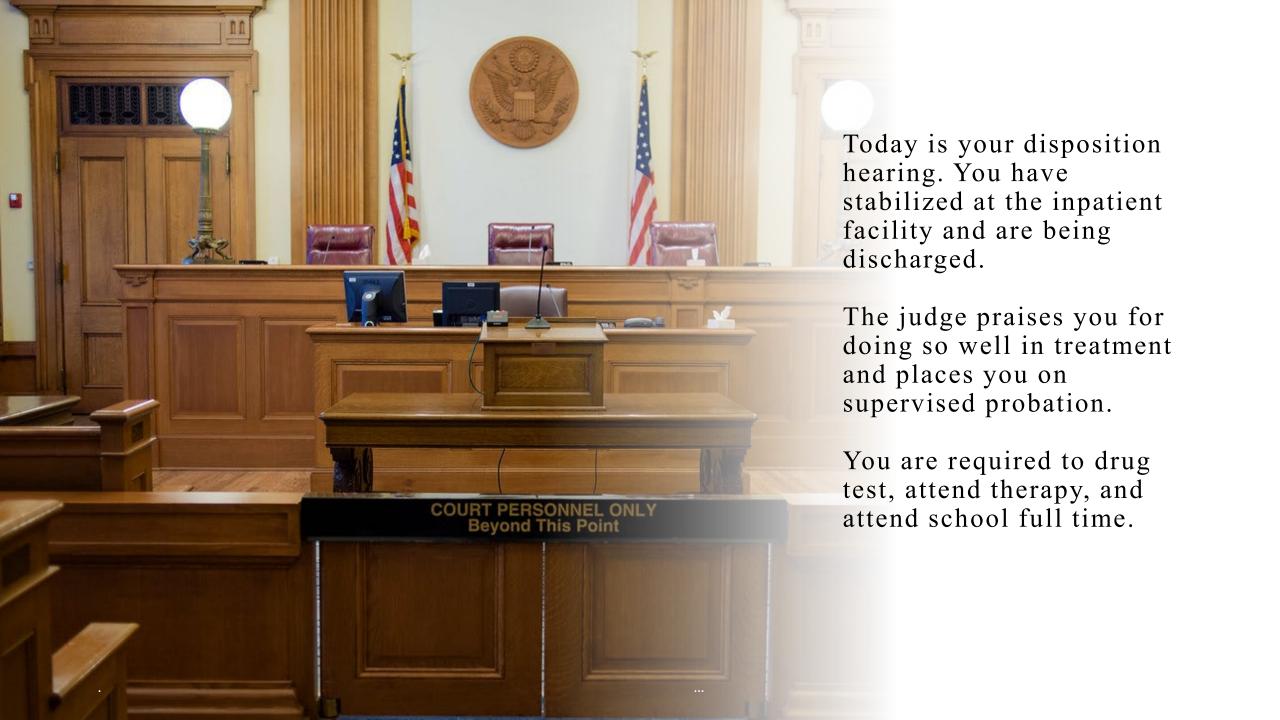
During one of the sessions, your mom tells you that she walked in on Chad sexually assaulting the teenager next door.

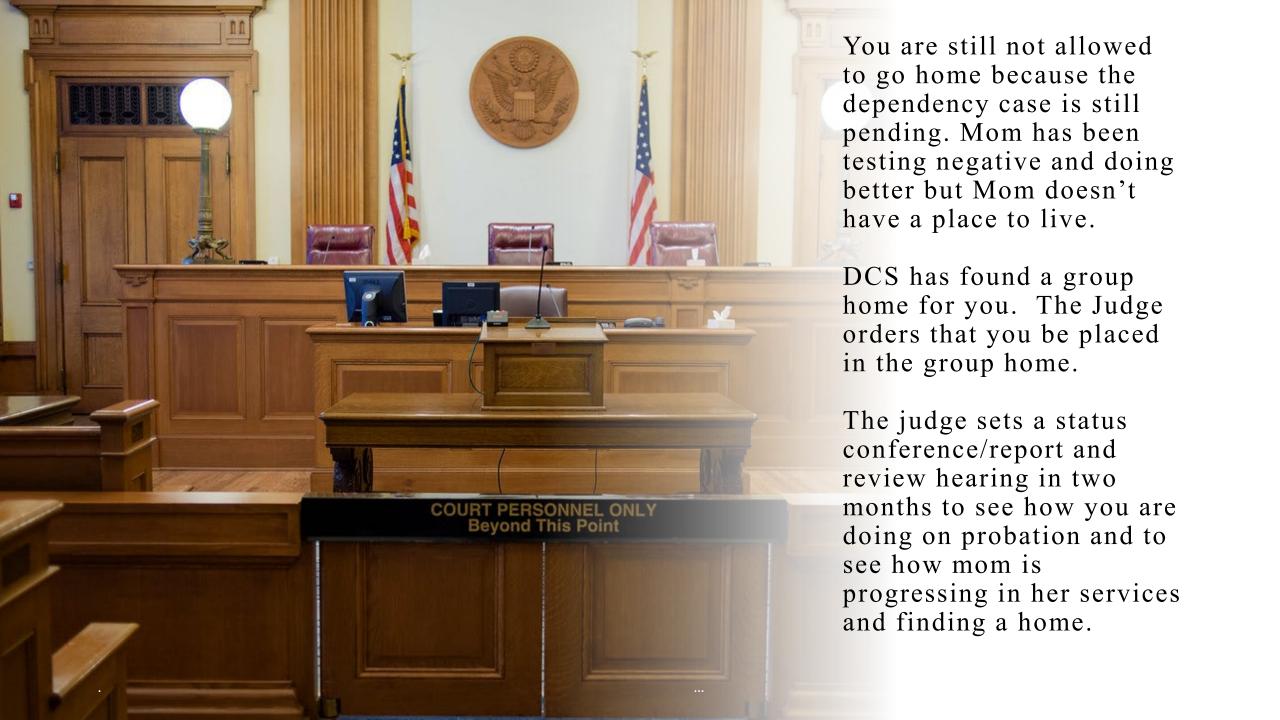
She is very sorry that she didn't believe you and she tells you that her relationship with Chad is over.

She is living with a friend since it was Chad's house and Chad was the main financial provider. She is working part time right now but is looking for a full-time job and an apartment.









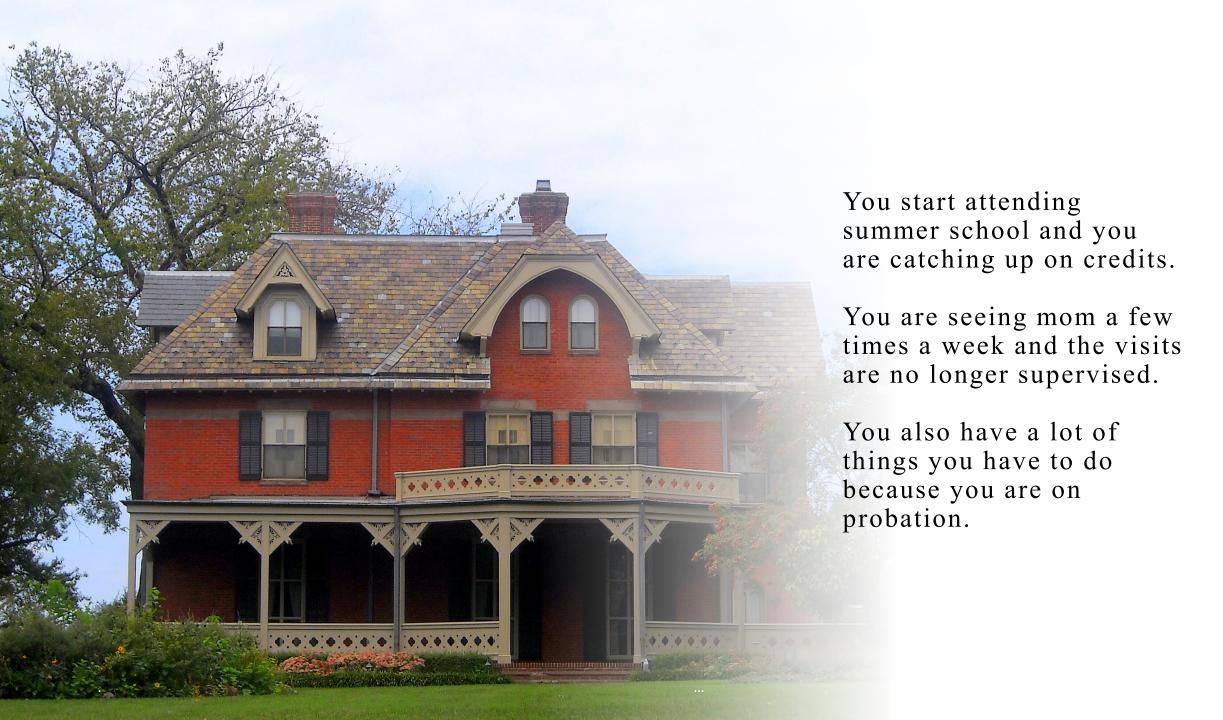




Although you had a terrible experience at the last group home, your case worker has assured you this one will be better, and you will be able to attend school where you were going to school before the dependency case started.

You will have to take some summer school classes to get caught up but you are okay with that because you are excited about the possibility of going back to your school in the fall.

You really want to try out for the volleyball team and think you have a shot at making the team.

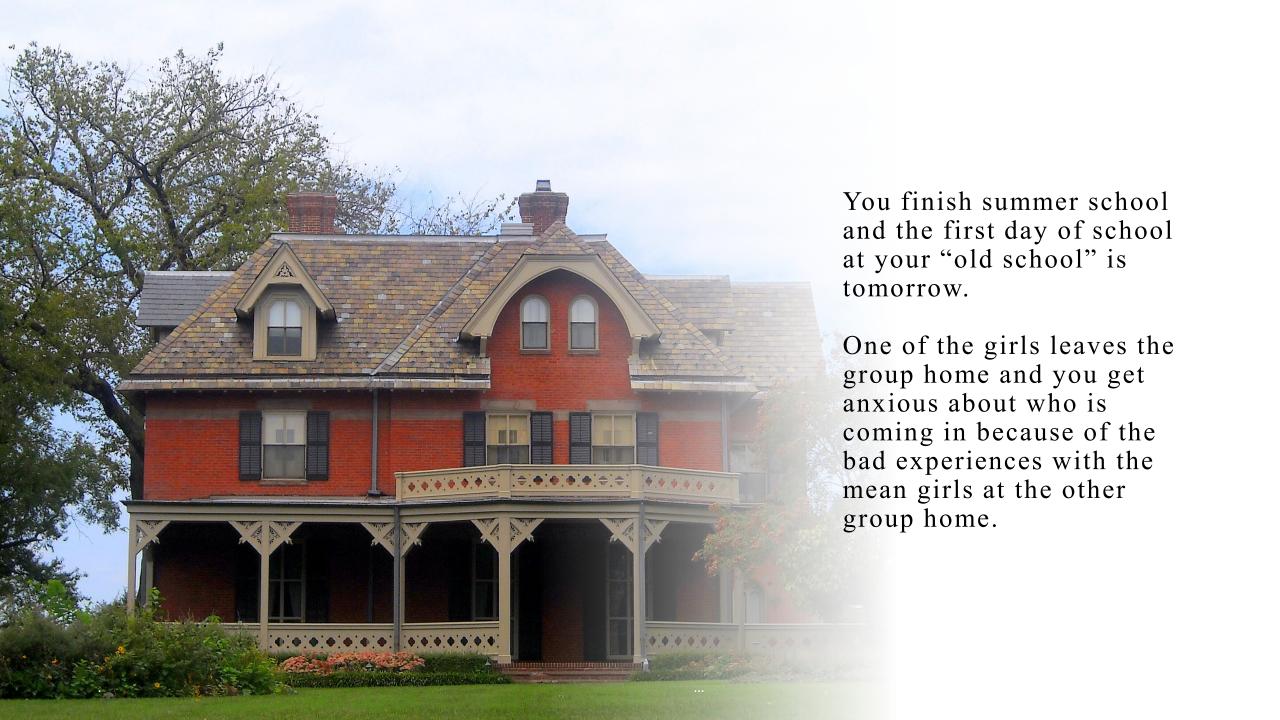


# THERAPY AND TESTING

This is where you are about 3 times a week.

You have drug testing, go to drug treatment, attend individual treatment, and engage in family therapy with your mom.







You are so happy when you see it is "your friend" Sadie – the one who took you to the Blade.

Sadie reminds you of the Blade and you start thinking about Tank. You miss him and think about the good times and how he took care of you.

Sadie snuck in a vape pen with marijuana and the two of you start vaping in the bathroom of the group home.

You are happy no one noticed, and you got away with it....



You go to your first day of school.

You are feeling overwhelmed but excited to be back in school in a familiar environment with people you know.

You get really excited when you find out that volleyball tryout are the following week.

When you realize you need to go do a drug test after school, your excitement quickly fades.



# YOU ARE NOW AT TESTING

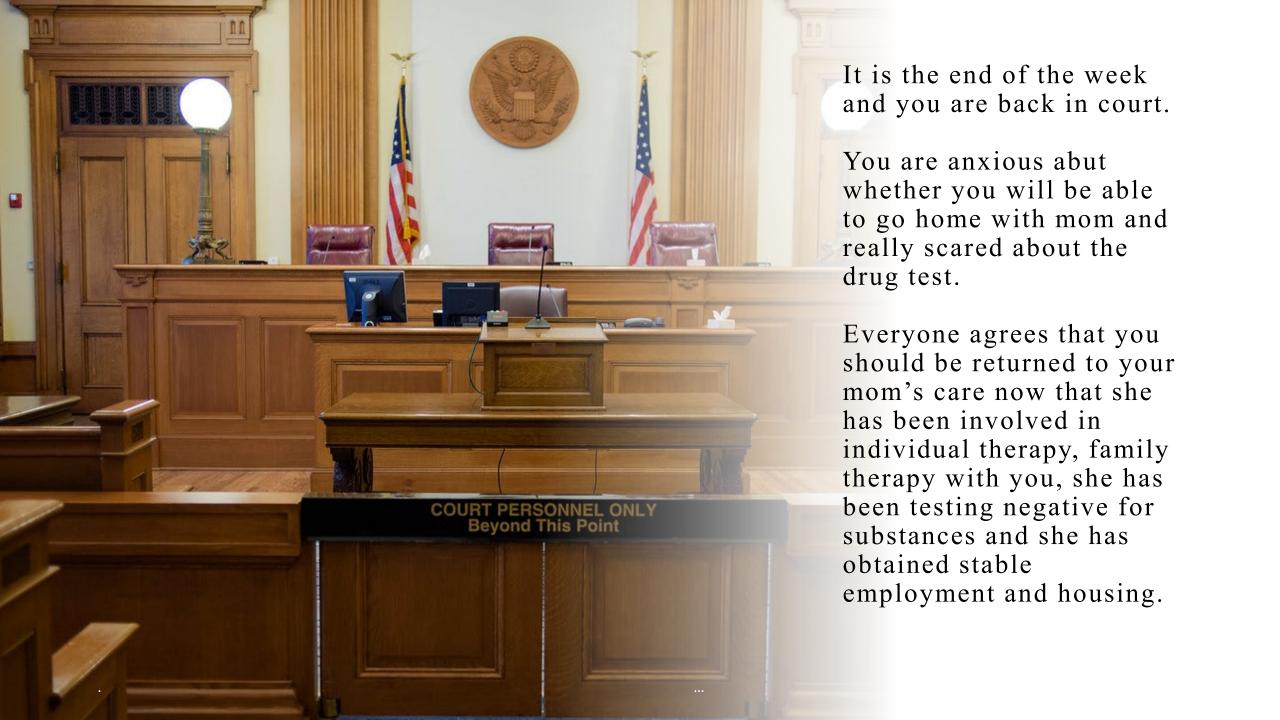
You feel ashamed and can't believe you were so stupid.

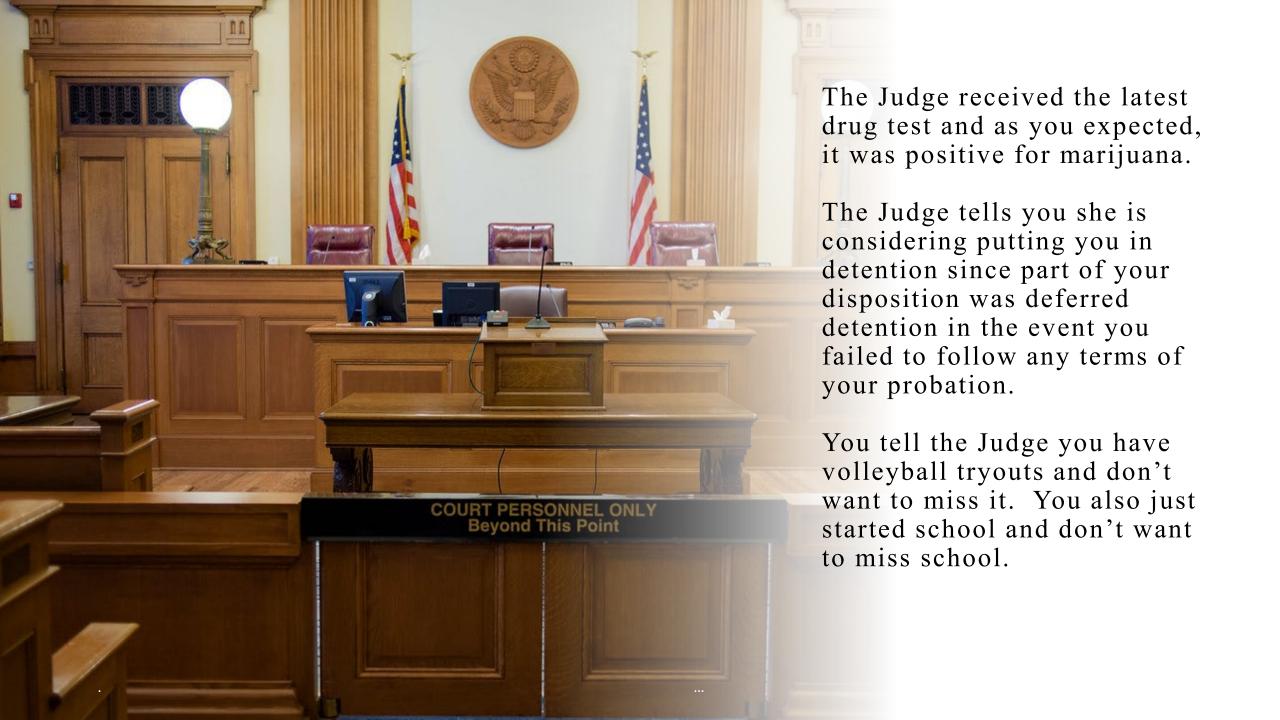
You know your test will come back positive for marijuana, but you submit your drug test.

You have court at the end of the week and are worried about whether they will get the drug test results by then and whether you will be able to be returned to mom's care.











YOU ARE
NOW AT
MOM'S
APARTMENT



Mom's apartment is a one bedroom, so you do not have a lot of privacy, but you are very happy to be back with mom.

Family therapy has helped alot and you are getting along well with Mom.

You have no intention of getting back into alcohol or drugs for lots of reasons, but you really want to try out for the school volleyball team and don't want anything to mess that up.



You wake up for school on Monday, but your mom isn't home. You are not sure where she is, but your mom's new place is within walking distance to school.

You leave Mom's house and walk to school on Monday excited about being home with mom and trying out for volleyball after school.





You have butterflies in your stomach all day because you are nervous about volleyball tryouts.

You started working on your skills again over the summer when you found out you would be returning to your old school.

Tryouts go great and the coaches make the announcements at the end of try outs. You made the team!

You have not felt this happy in a long time. You can't wait to tell your mom.



Mom should be outside the gym waiting to take you to your drug test, so you grab your backpack and head out to the parking lot.

Mom isn't there.

Maybe she's just running late. You anxiously wait in the parking lot, but mom doesn't come, and you have no idea where she is.

The testing facility is going to close soon and if you miss this test, the judge is going to put you in detention, and you just made the team and can't miss practices.



You continue to wait in the parking lot worrying about your mom and worrying about missing your drug test.

You are thinking there must have been some sort of miscommunication with your mom regarding her picking you up after try outs and taking you to get your drug test.

You start sobbing because you know at this point it is going to be too late to get to the testing facility.

You decide to walk home.



YOU ARE NOW BACK AT MOM'S APARTMENT



You see mom's car parked funny in the parking lot and you rush into the apartment to find mom.

Mom is passed out in the middle of the floor.

You get scared and start shaking mom. Mom opens her eyes and starts slurring her words.

Mom fell off the wagon.



## PART III

There are four places in Part III:

- (1) Mom's House
- (2) Group Home
- (3) The Blade
- (4) Homeless

We have four stations to represent each place

#### What do you do?

- 1) Do you stay at MOM's HOUSE hoping that Mom can pull it together and you will be able to come up with some explanation to the judge regarding why you missed your drug test? You know this may be risky since it's possible the judge will put you in detention and you will get kicked off the volleyball team.
- 2) Do you call your case manager to tell them what happened with your mom so you won't get put in detention for missing your drug test knowing you will have to go back to the GROUP HOME? If you go back to the group home at least you will be able to stay at your school and still be on the volleyball team that you are so excited about.
- 3) Do you return to the <u>BLADE</u>to find Tank since you really miss him and know he will take care of you? You are thinking he has probably missed you too and maybe he won't make you turn tricks anymore.
- 4) Do you decide to go AWOLand be <u>HOMELESS</u> so you can get probation off your back and just feel free from everyone and everything?

### You Decide:

- Mom's House
- Group Home
  The Blade
- Homeless

Make your Decision to Stay or Go Now

#### **MOM'S HOUSE**

For those of you who stayed with Mom, Mom has good days and bad days. You try to keep up with school and you go to your volleyball practices, but you are tired because you are having to take care of Mom since she's drinking again. You have no way to get to your testing and treatment. You and Mom miss your next court date and a warrant gets issued for your arrest. You get picked up on the warrant and get taken to detention.

YOU ARE NOW IN DETENTION
Return to Your Seat

#### THE BLADE

For those of you who go back to the Blade, the cycle of fentanyl use and "dates" starts all over again. You stop attending school and get kicked off the volleyball team but at least you feel like you have control of your own life and that you are with somebody who loves you and takes care of you. A warrant was issued for you arrest when you did not appear in court. You get picked up on the warrant and get taken to detention.

YOU ARE NOW IN DETENTION
Return to Your Seat

#### **HOMELESS**

For those of you who decide to be homeless, you become part of a posse. You are proud of yourself for avoiding the Blade, and at least you have gained some control over your own life, even if it means living on the streets. You stop attending school and volleyball practice because you knew DCS would come find you. You didn't attend your next court hearing so a warrant was issued for your arrest. You are picked up on the warrant and get taken to detention.

YOU ARE NOW IN DETENTION
Return to Your Seat

#### **GROUP HOME**

For those of you who go back to the group home, you really struggle with all the rules, but you keep going to therapy, substance abuse treatment, and drug testing. You are making good grades in school and have found some good friends on the volleyball team. You are one of the starters and your volleyball team is having a winning season.

Although you are in a stable situation, you still have decisions to make.

Return to Your Seat





For those who stayed at Mom's House, went to The Blade or decided to be Homeless, you end up back in detention and back in court.

You get released to the Group Home.

At the group home, you are attending school, therapy, drug treatment, and all of your court appearances.

Therapy has helped you be able to process everything, and you are feeling better about yourself and your situation.

You are having visits with Mom and Mom is doing okay but it does not appear you will be able to go back to Mom's house anytime soon.









Court is coming up again and your case manager from DCS and////your attorney talk to you about the Independent Living Program.

It sounds promising and gives you some hope for your future.

At court, the Judge discharges you from probation and changes the case plan to Independent Living.



You will continue to make choices as you approach adulthood including whether you sign a "Voluntary" with DCS to help you transition to adulthood.

All the options are still out there:

- Mom's House
- Group Home The Blade
- Homeless

What will you choose?

Fingers crossed for you and all the Chelseas out there . . . .

The Chelsea simulation has concluded

Let's Talk!

### Questions for Discussion:

• What did you think of the simulation?

• How did you feel during the simulation?

• Why do you think Chelsea would be drawn to the Blade?

• Why do you think Chelsea may want to be homeless?



### Questions for Discussion:

• What are some reasons Chelsea may want to run from the Group Home?

• Did you at any point feel overwhelmed?

• Do you think the requirements of probation put too much pressure on Chelsea?



## ?

### Questions to Ask Ourselves:

- What is the importance of the judge's role in these cases? How can judges better serve these children?
- What is the importance of the attorney's role in these cases? How can attorneys better serve these children?

### Thoughts for the Future:

• Be mindful of these children having significant trauma.

• Try to understand the person and the context of their life experiences.

• Be aware of triggers and reactions such as body language.

### Thoughts for the Future:

• Verify the services they are receiving are addressing their trauma.

• If the child is in court, involve them in the discussion as much as possible.

Ensuring their voice is heard is empowering.

A child's life is like a piece of paper on which every person leaves their mark. - Chinese Troverb

# THANK YOU!

Lori.Bustamante@jbazmc.Maricopa.gov

Pamela.Gates@jbazmc.Maricopa.gov